

IDAHO CHILD WELFARE RESOURCE LIBRARY

SELECTED RESOURCES

FETAL ALCOHOL SYNDROME AND PRENATAL DRUG EXPOSURE



Idaho Child Welfare Research and Training Center
Dana Broderson, Library Specialist
2005 Ironwood Parkway, Suite 130
Coeur d'Alene, ID 83814

Phone: 208-676-1186 ext. 221
Toll Free: 800-745-1186 ext. 221
Fax: 208-676-0435
Email: brodersd@dhw.idaho.gov
Website: www.icwrtp.org



IDAHO DEPARTMENT OF
HEALTH & WELFARE

**As an Idaho Department of Health & Welfare employee, Partner University Faculty and Staff, Students enrolled in a Partner University Child Welfare Scholars Program, Idaho Foster Parent, Pre-Adopt, and Adoptive Parent, Partners in Idaho Children's Mental Health Councils, Idaho Families of Children with Serious Emotional Disturbances, or Partner Agency Employees, you are eligible to become a patron of the Resource Library. Materials are shipped directly to you and the return shipping is at no cost to you. Come by for a visit or view the library collection online at www.icwrtp.org where you will find a link to the library catalog.*

IDAHO CHILD WELFARE RESOURCE LIBRARY

SELECTED RESOURCES

SPECIFIC TO FETAL ALCOHOL SYNDROME & PRENATAL DRUG EXPOSURE

SELECTED BOOKS IN THE COLLECTION

(PLEASE VISIT WWW.ICWRTC.ORG FOR MORE RESOURCES)

Doweiko, H. (2001). *Concepts of chemical dependency*. Pacific Grove, CA: Brooks/Cole Publications.

Reflects the current explosion of information regarding the understanding, identification, and treatment of addictive disorders. The author offers detailed coverage of the most commonly abused chemicals and their effects, covering a single facet of a drug or alcohol problem in each focused chapter.

Lewis, Keeta DeStefano. (1995). *Infants and children with prenatal alcohol and drug exposure: A guide to identification and intervention*. North Branch, MN: Sunrise River Press.

Designed as a guide and reference work for healthcare, education, social service, and mental health professionals, this resource covers a wide range of issues from detection of maternal substance abuse to the legal rights of children with prenatal drug exposure.

Kulp, Liz. (2001). *The best I can be: Living with fetal alcohol syndrome or effects*. Brooklyn Park, MN: Better Endings New Beginnings Publications.

A young teen with Fetal Alcohol Effects challenges the world to peer inside her life and brain. Through her own writings the reader is taken on a journey that will impact their thinking about how to help and understand children with brain damage due to Fetal Alcohol.

Kulp, J. (2004). *Our FAScinating Journey: Keys to brain potential along the path of prenatal brain injury*. Brooklyn Park, MN: Better Endings New Beginnings Publications.

Provides a wealth of knowledge and practical experience for helping youth with prenatal brain injury.

Straussner, Shulamith Lala Ashenberg. [editor] (2004). *Clinical work with substance-abusing clients*. New York, NY: Guilford Press Publications.

Revised and adopted text serves as a practical guide to working with substance users and their families in a variety of clinical contexts. Expert contributors present widely used assessment and treatment approaches together with detailed recommendations for intervening with specific substances to meet the needs of different populations.

Streissguth, A. (1997). *Fetal alcohol syndrome: a guide for families and communities*. Baltimore, Maryland: Paul H. Brookes Publishing Co.

This guidebook explains how to identify and work with children and adults who have FAS and FAE and how to educate prospective mothers and society at large about this preventable disorder.

SELECTED MEDIA IN THE COLLECTION
(PLEASE VISIT WWW.ICWRTC.ORG FOR MORE RESOURCES)

Barnwell, C. (1993). *Alcohol and pregnancy: Fetal alcohol syndrome and fetal alcohol effects* [Videocassette]. Chatsworth, CA: AIMS Multimedia.

Many parents-to-be are unaware of the dangers of drinking alcohol during pregnancy and of the consequences of giving birth to a child with FAS or FAE. This program shows how alcohol adversely affects fetal development. Candid interviews, featuring a diverse group of children, teenagers, biological parents and foster parents, create an overview of possible FAS/FAE health consequences. (20 minutes VHS format)

Chasnoff, G. (2005). *The listening heart* [DVD]. Chicago: NTI Publishing.
Chronicles the day to day life of four adoptive families who are raising children with Fetal Alcohol Syndrome.

Department of Health and Human Services (2004). *Recovering hope: Mothers speak out about Fetal Alcohol Spectrum Disorders* [Videocassette]. Washington, D.C.: DHHS Publishing.

This videotape presents an intimate and evocative hour-long look at mothers and families of children affected by Fetal Alcohol Spectrum Disorders. Created for viewing by women in recovery and their counselors, the videotape is divided into 2 half-hour episodes to allow time for discussion within a treatment session. (60 minutes VHS format)

Films for the Humanities and Sciences. (2004). *Women and alcoholism* [Videocassette]. Princeton, NJ: Films for the Humanities and Sciences.

Why women are at greater risk for physical complication from alcoholism, profiles of several women, and interviews with medical experts. (28 minutes VHS format)

Lewis, J. & Miller, W. (2001). *Motivational interviewing for addictions* [Videocassette]. Needham Heights, MA: Allyn & Bacon.

In this program, Dr. Miller works with a client who is considering the possibility of making changes in two areas: alcohol use and smoking. Includes footage from an actual counseling session. (VHS format)

Magna Systems, Inc. (2005). *Prenatal development: A life in the making* [DVD]. Barrington, IL: Magna Systems.

In this miraculous story of life itself, we watch as a one-celled zygote grows into a fully functioning human being in just 266 days. The wonder of this beginning life is shown through the details of the three stages of prenatal development. (DVD format)

SELECTED JOURNALS IN THE COLLECTION
(PLEASE VISIT WWW.ICWRTC.ORG FOR MORE RESOURCES)

Straussner, S. (2001-2006). *Journal of social work practice in the addictions*. Binghamton, NY: Haworth Press.

SELECTED WEBSITES
(PLEASE VISIT WWW.ICWRTC.ORG FOR MORE RESOURCES)

National Foster Parent Association: <http://www.nfpainc.org>
National organization supporting Foster Parents with current information and research on child welfare.

Child Welfare League of America: <http://www.cwla.org>
Membership-based organization promoting the well-being of children, youth, and their families.

National Institute on Alcohol Abuse and Alcoholism (NIAAA): <http://www.niaaa.nih.gov>
Provides leadership in the national effort to reduce alcohol related problems.

National Organization on Fetal Alcohol Syndrome (NOFAS): <http://www.nofas.org>
Information and resource clearinghouse for improving the quality of life for those affected by alcohol consumption.



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To request any of these resources please contact:

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