

IDAHO CHILD WELFARE RESOURCE LIBRARY

SELECTED RESOURCES

Impact of Child Abuse and Neglect on Child Development



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IDAHO DEPARTMENT OF
HEALTH & WELFARE

**As an Idaho Department of Health & Welfare employee, Partner University Faculty and Staff, Students enrolled in a Partner University Child Welfare Scholars Program, Idaho Foster Parent, Pre-Adopt, and Adoptive Parent, Partners in Idaho Children's Mental Health Councils, Idaho Families of Children with Serious Emotional Disturbances, or Partner Agency Employees, you are eligible to become a patron of the Resource Library. Materials are shipped directly to you and the return shipping is at no cost to you. Come by for a visit or view the library collection online at www.icwrtc.org where you will find a link to the library catalog.*

SELECTED RESOURCES

SPECIFIC TO CHILD AND ADOLESCENT DEVELOPMENT

SELECTED BOOKS IN THE COLLECTION

(PLEASE VISIT WWW.ICWRTC.ORG FOR MORE RESOURCES):

Aggleton, P., Hurry, J. & Warwick, I. (Eds.) (2004). *Young people and mental health*. Chichester, NY: Wiley.

Delivers an overview of key mental health issues affecting young people today. Reviews up-to-date summaries of the nature, causes and effects of different mental health problems and disorders among young people. Addresses such issues as eating disorders, youth suicide and self-harm, learning difficulties, bullying and harassment in school.

Davies, D. (1999). *Child development: A practitioner's guide*. New York: Guilford Press. Clinical resource on child development focusing on how practitioners can apply the latest developmental knowledge to assessment and intervention with children and families. Case vignettes and observational examples are presented to highlight special considerations for working with children with difficulties.

Gopnik, A., Meltzoff, A. & Kuhl, P. (1999). *Scientist in the crib: What early learning tells us about the mind*. New York: HarperCollins.

Discusses important discoveries about how much babies and young children know and learn, and how much parents naturally teach them. Offers insight about a child's capacity and instinct in cognitive development.

Greenspan, S.I. (1988). *First feelings: Milestones in the emotional development of your baby and child*. New York: Viking.

Shows parents how to recognize the key stages of a child's emotional growth, while guiding and enhancing early psychological development.

Healy, J. (2004). *Your child's growing mind: Brain development and learning from birth to adolescence* (3rd ed.). New York: Broadway Books.

Examines the process of brain development and learning. Addresses the roots of emotion, intelligence and creativity and translates the most current scientific research into practical suggestions for parents and teachers.

Heineman, T.V. & Ehrensaft, D. (Eds) (2006). *Building a home within: Meeting the emotional needs of children and youth in foster care*. Baltimore, MD: P.H. Brookes Publishing Co.

This book presents a proven solution based on over 10 years of groundbreaking work by the Children's Psychotherapy Project (CPP): When young people work with the same therapist for as long as they need to, they'll make better progress toward developing strong, healthy relationships and hope for the future. Readers will gain new insight on how to build positive relationships with children and how to address various aspects of foster care.

Klass, C.S. (2003). *Home visitor's guidebook: Promoting optimal parent & child development* (2nd ed.). Baltimore, MD: Paul H. Brookes Publishing.

A rich collection of personal stories, relevant research, and practical strategies to work more sensitively and effectively with children and families.

Landy, Sarah (2002). *Pathways to competence: Encouraging healthy social and emotional development in young children*. Baltimore, MD: Paul H. Brookes Publishing.

Readers will explore nine social and emotional domains of children from birth to 6 years: a sense of body self, attachment to caregivers, play and imagination, language and communication, self-esteem, morality and conscience, emotion regulation, concentration and problem solving, and empathy and pro-social behavior.

Shelov, S. (Ed.) (1998). *Caring for your baby and young child: Birth to age 5*. New York: Bantam Books.

Basic care guide and health encyclopedia from infancy through age five covering topics from preparing for childbirth to nurturing your child's self-esteem.

Shonkoff, J.P. & Phillips, D. (Eds.) (2000). *From neurons to neighborhoods: The science of early childhood development*. Washington, D.C.: National Academy Press.

Drawing from new findings, this book presents important conclusions about nature-versus-nurture, the impact of being born into a working family, the effect of politics on programs for children, the costs and benefits of intervention, and other issues related to child development.

Shulamith L.A.S. & Fewell, C.H. (Eds). *Impact of substance abuse on children and families: Research and practice implications*. Binghamton, NY: Haworth Press, Inc.

This book addresses the growing concern over children at risk of developing physical and mental health problems because of their parents' addictions to alcohol and other drugs. Presents current research findings to provide insight into the effects of addiction on family dynamics, parental attachment styles, and family characteristics.

Siegel, D. J. (2001). *The developing mind: How relationships and the brain interact to shape who we are*. New York: Guilford Press.

This book goes beyond the nature–nurture divisions that traditionally have constrained much of our thinking about development, exploring the role of interpersonal relationships in forging key connections in the brain.

Zeanah, C.H. (Ed) (2000). *Handbook of infant mental health* (2nd ed). New York: Guilford Press. Grounded in a relational view of infancy, this volume offers a comprehensive analysis of developmental, clinical, and social aspects of mental health from birth to age three.

SELECTED MEDIA IN THE COLLECTION

(PLEASE VISIT WWW.ICWRTC.ORG FOR MORE RESOURCES):

Greenspan (1986). *Exploring first feelings* [DVD]. Van Nuys, CA: Child Development Media. Using actual footage of parents and caregivers interacting with their young children, this DVD illustrates milestones in the emotional development of infants and toddlers.

Johnson & Johnson (1987). *Infant development: A first year guide to growth and learning* [Videocassette]. Skillman, N.J.: Johnson & Johnson.

A parenting video that explores the growth and learning of a newborn, as well as physical capabilities, personality, play styles, and language development.

Magna Systems (1995). *Adolescence: Cognitive and moral development* [Videocassette]. Barrington, IL: Magna Systems, Inc.

This DVD shows the physical changes of puberty and changes in thinking and moral reasoning. Sexual behavior, values, and educational experience.

Magna Systems (1998). *Moral development I: Concept and theory* [DVD]. Barrington, IL: Magna Systems, Inc.

This DVD explains the concept of morality and defines key terms such as moral code, moral judgment and moral intelligence and helps the viewer understand the complexities of helping young people develop a sense of right and wrong.

Magna Systems (1998). *Moral development II: Learning to be moral* [DVD]. Barrington, IL: Magna Systems, Inc.

This DVD presents the emergence of moral behavior from early infancy through adolescence. And discusses roles that parents, society and schools play in learning to be moral.

Magna Systems (2005). *Prenatal development: A life in the making* [DVD]. Barrington, IL: Magna Systems, Inc.

In this miraculous DVD story of life itself, we watch as a one-celled zygote grows into a fully functioning human being in just 266 days. The wonder of this beginning life is shown through the details of the three stages of prenatal development.

Meridian Education Corporation (2001). *Intellectual development: The first 5 years* [Videocassette]. Charleston, WV: Meridian Educational Corporation.

This 21 minute video briefly covers the intellectual development of a child from birth to age five.

Starting Early Starting Smart (2003). *Ordinary miracles: A training package to foster nurturing parent-child relationships* [Videocassette]. Washington, D.C.: Casey Family Programs and the U.S. Department of Health and Human Services.

A Facilitator training package with facilitator manual and 2 part video designed as a tool to prepare home visitors and their supervisors best practices for the development of strong parent-child relationships in the field of social work.



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