

IDAHO CHILD WELFARE RESOURCE LIBRARY

SELECTED RESOURCES

SPECIFIC TO CHILD AND ADOLESCENT BEHAVIOR

SELECTED BOOKS IN THE COLLECTION

(PLEASE VISIT WWW.ICWRTC.ORG FOR MORE RESOURCES)

Clark, H. & Davis, M. (Eds.) (2000). *Transition to adulthood: A resource for assisting young people with emotional or behavioral difficulties*. Baltimore, MD: Brooks Publishing. Presented from premier researchers, educators, and practitioners in the field, this handbook delivers practical methods to help young people with emotional or behavioral difficulties pursue their interests and goals as they move into greater career-oriented education, work, independence and responsibility.

Divinyi, J. (1997). *Good kids, difficult behavior*. Peachtree City, GA: The Wellness Connection. Simple, effective tools for understanding difficult behavior and changing it through preparation and response.

Edwards, D.C. (1998). *How to handle a hard to handle kid: A parents' guide to understanding and changing problem behaviors*. Minneapolis, MN: Free Spirit Publishing. Packed with practical information, written with authority and compassion, this is a book you'll turn to often for advice, insight, and good news: Parenting a hard-to-handle kid isn't impossible. These ideas really work.

Epstein, M., Kutash, K. & Duchnowski, A. (Eds.) (2005). *Outcomes for children and youth with emotional and behavioral disorders and their families: Programs and evaluations, best practices* (2nd ed.). Austin, TX: PRO-ED. This comprehensive publication, in its second edition, covers many significant changes in the multiple arenas that affect children who have emotional disturbances and their families. This book reflects changes in growing governmental roles in the area of policy, advocacy, research, and practice to support the use of evidenced-based practices in human service systems.

Friman, P.C. (2005). *Good night, sweet dreams, I love you; now get into bed and go to sleep! How tired parents can solve their children's bedtime problems*. Boys Town, NE: Boys Town Press.

With humor and empathy, child psychologist Dr. Patrick Friman outlines the problems related to bedtime for children from infancy through middle and high school and gives you advice and tips on how to handle them. In many cases, he provides several options so you can choose the approach you feel most comfortable with. His suggestions can help end those bedtime hassles.

Gimpel, G. & Holland, M. (2003). *Emotional and behavioral problems of young children: Effective interventions in the preschool and kindergarten years*. New York: Guilford Press.

This book provides hands-on tools and resources for addressing common emotional and behavioral problems in preschool and kindergarten-age children.

Henggeler, S. W. (1998). *Multisystemic treatment of antisocial behavior in children and adolescents*. New York: Guilford Press.

This comprehensive guide provides extensive clinical description of the Multisystemic Treatment (MST) approach for treating youths with serious antisocial behavior. A proven alternative to expensive and often ineffective out-of-home placement, MST is a family – and community-based treatment. It focuses on ameliorating the known determinants of antisocial behavior within the young person’s family, peer, and school networks. Nine core principles comprise the parameters for the book’s flexible, team-based intervention framework, which targets such areas as promoting family strengths and resiliencies, removing youths from antisocial peer groups, enhancing school performance, and developing indigenous social support systems.

Knapp, S.E. (2005). *Parenting skills treatment planner*. Hoboken, NJ: Wiley.

A treatment planner providing necessary elements to develop formal treatment plans to support children in social-emotional, behavioral, and academic challenged situations.

Le Prohn, N. S. (2001). *Assessing youth behavior using the child behavior checklist in family and children’s services*. Atlanta, GA: CWLA Press.

Proceedings from the Child Behavior Checklist Roundtable, sponsored by Casey Family Programs in Seattle Washington.

Nelsen, J. (2006). *Positive discipline* (Rev. ed.). New York: Ballantine Books.

Revised and expanded edition of the classic book, this edition is written for parents and teachers who are looking for non-punitive, respectful, and effective methods for interacting with children. Offers long-term and respectful discipline methods to apply in the home and classroom.

Schroeder, C. & Gordon, B. (2002). *Assessment and treatment of childhood problems: A clinician’s guide*. New York: Guilford Press.

Updated with the latest research, this book guides clinicians and students in assessing and treating common childhood problems. This volume presents an overview of health development, examines risk and protective factors for psychopathology, and spells out a behaviorally oriented model of assessment and treatment planning for children aged 2 – 12. Each problem-focused chapter reviews the literature on the topic at hand and provides step-by-step guidelines for practice, illustrated with helpful case examples.

Wolfe, D. A. & Mash, E. J. (2006). *Behavioral and emotional disorders in adolescents: Nature, assessment, and treatment*. New York: Guilford Press.

This book brings together more than 50 leading authorities to review current knowledge on adolescent disorders; how they develop, their relationship to earlier childhood trajectories and adult outcomes, and effective strategies for diagnosis and treatment.

SELECTED MEDIA IN THE COLLECTION

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Child Development Media (1996). *The temperament program: Using temperament concepts to prevent behavior problems* [DVD]. Oakland, CA: Kaiser Permanent

A four part DVD set with Drs. Chess and Thomas who describe and illustrate the nine temperament traits of children identified from their research. An overview of the Kaiser Research project on temperament is presented and three clusters of traits that identify most children are described. Parents talk about behavioral concerns they have with their children and pediatricians and pediatric nurse practitioners comment about the use of temperament concepts in their daily practice.

Cline, F. (1994). *Parenting teens with love & logic: Preparing adolescents for responsible adulthood* [Audio CD]. Golden, CO: Love & Logic Press.

Audio CD set offers new approaches to parenting teens who are faced with navigating challenges under the pressures and influences of today's youth.

Fay, J. & Cline, F. (1996). *Avoiding power struggles with kids* [Audio CD]. Golden, CO: Love & Logic Press.

Listen to internationally recognized parenting experts teach through humorous stories the 'art of choices' and the 'science of control' to help audiences explore ways of replacing anger, lectures, and threats with logical consequences when raising children and adolescents.

Pacifici, C., Chamberlain, P. & White, L. (2002). *Off road parenting: Practical solutions for difficult behavior* [DVD]. Eugene, OR: Northwest Media.

A hand book and DVD combo that helps parents understand how to work with behavior management tools. It teaches the skills necessary to solve various types of behavior problems that exist within foster, adoptive, birth and blended families.



IDAHO DEPARTMENT OF
HEALTH & WELFARE

To request any of these resources please contact:

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