

# IDAHO CHILD WELFARE RESOURCE LIBRARY

## SELECTED RESOURCES SPECIFIC TO ATTACHMENT & BONDING

### SELECTED BOOKS IN THE COLLECTION

(PLEASE VISIT [WWW.ICWRTC.ORG](http://WWW.ICWRTC.ORG) FOR MORE RESOURCES)

Berlin, L. J., Ziv, Y., Amaya-Jackson, L., & Greenberg, M. T. (2005). *Enhancing early attachments: Theory, research, intervention, and policy*. New York: Guilford Press.  
Provides key overviews of various approaches to attachment-based interventions and discusses theory and research underlying various programs.

Kagan, R. (2004). *Rebuilding attachments with traumatized children: Healing from losses, violence, abuse, and neglect*. Binghamton, NY: Haworth Press.  
A therapeutic guide to helping troubled children move beyond the traumatic experiences that impact them as a result of loss, neglect, separation, and violence. Presents information to help discover and foster strengths in children and their families and how to rebuild enduring attachments.

Karen, R. (1998). *Becoming attached: First relationships and how they shape our capacity to love*. New York: Oxford University Press.  
Examines the emotional development of a child and how this forms individual personalities and relationships in adult life.

Karen, R. (1994). *Becoming attached: Unfolding the mystery of the infant-mother bond and its impact on later life*. New York: Warner Books.  
The bond between child and caregiver is examined addressing such issues as: what does a child need to feel that the world is a positive place and that he has value? What experiences in infancy will enable a person to develop healthy relationships as an adult; and how to pass on to children our capacity to love and create as well as looking at an individual's approach to insecurities or bad habits.

Levy, T. M. (1998). *Attachment, trauma, and healing: Understanding and treating attachment disorder in children and families*. Washington, D.C.: CWLA.  
Examines the causes of attachment disorders and provides in-depth discussion of effective solutions, including attachment-focused assessment and diagnosis, and early intervention and prevention programs for high-risk families.

Webb, N. B. (Ed.). (2006). *Working with traumatized youth in child welfare*. New York: Guilford Press.  
Written with integrated perspectives from both the child welfare and trauma fields, this text will help practitioners understand and address the special needs of maltreated children and adolescents and their families.

**SELECTED MEDIA IN THE COLLECTION**  
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Canadian Broadcasting Corporation. (1995). *When the bough breaks*. [Videocassette]. Alexandria, VA: PBS Videos.

This video explores the bond between parents and children and the profound implications for children's behavior later in life if that attachment is hampered.

The Reiner Foundation. (1997). *I am your child: The first years last forever*. [Videocassette]. Johnson & Johnson.

This video program explores early brain development and importance of relationship between caregiver and child in the critical first three years of life. Includes topics of bonding, attachment, communication, discipline, and self-esteem.

Thomas, N. (1998). *Healing trust: Rebuilding the broken bond*. [CD]. Golden, CO: Love and Logic Institute, Inc.

A CD set which presents a wealth of information and wisdom to help a child with Attachment Disorder. Nancy Thomas shares the twelve powerful parenting techniques that she has used successfully for many years to guide disturbed children toward emotional health and happiness.

Washington Interactive Television. (1996). *Attachment and bonding: Approaches to attachment and bonding, issues in foster and adoptive homes*. [Videocassette].

Third video in a series covering attachment and bonding issues presented in a satellite broadcast from Washington State. Presentation includes a panel of foster parents and a professional therapist. Includes questions answered from viewers that call in.



IDAHO DEPARTMENT OF  
HEALTH & WELFARE

**To request any of these resources please contact:**

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